

## TILP EXAMPLES

### David (Age 17) TILP goals:

David is a high school senior. He has lived in his group home for the last year and a half. David has always done well in school, is excited about college and is going to his local community college in the fall. He wants to live on his own, but he has never been responsible for daily tasks, such as cooking and cleaning. He also wants to buy a car, but he does not have a driver's license or a job. He is having trouble identifying new goals, but this is what he came up with:

<u>Goal</u>	<u>Activities to meet goal</u>	<u>People involved</u>	<u>Completion date</u>
Move out on my own	Move into an apartment	Social worker	August 2015
Buy a car	Find a car that I like	Myself	September 2015
Learn to cook	Ask my staff to teach me how to cook	Group home staff, myself	August 2015

As you can see, David's proposed TILP has long term goals, but some of them are not practical at this time. For example, he would need to get a job before he could save up enough money to pay for his own apartment, including enough to pay for the first month's rent, security deposit and turn on fees for utilities (electricity and water). He also wants to own a car, but he has not studied nor taken the driver's test. Further, he does not have savings or income to pay for a car, gas, maintenance and insurance. His current goals should instead be building blocks to get to the things he wants longer term.

A more realistic TILP for David might be:

<u>Goal</u>	<u>Activities to meet goal</u>	<u>People involved</u>	<u>Completion date</u>
Pursue employment/ internship opportunities that will provide a monthly income	Prepare a resume and cover letter Look for jobs online, through ILP, etc. Fill out job applications Ask for help preparing for job interview Get appropriate clothes for job interviews	Myself, my social worker, my ILP/ TC, and my group home case manager	3 months
Get a driver's license	Locate the closest DMV Apply for a driver's permit and pick up the driver's licence pamphlet Study for the written test either with the pamphlet or online Take behind the wheel driving lessons Practice driving with a supportive adult once I get my permit Make an appointment to take the written and driving test	Myself, my social worker, my ILP/ TC and my group home case manager	October 2015